

OET Writing practice – Sample answer (DHoffmann)

Psychiatrist
Royal Mental Health Clinic
177 Park Avenue
Newtown

29. November, 2014

Dear Dr McLennan,

Re Dolores Hoffmann, DOB 22.Jun, 1986

Thank you for your assessment and management of this 28 year old with reactive depression and anxiety due to her turbulent personal and professional situations. The department store sales assistant has no other family in Australia, and lives alone after a recent split with her long-term boyfriend.

When seen a week ago, Ms. Hoffmann complained of extreme job stress causing depression, nightmares, and loss of appetite and libido, among other symptoms. She has even considered quitting her job, claiming she no longer finds pleasure in it, and can neither focus nor feel self-confident.

Since she is generally physically healthy, I prescribed temazepam 20 mg before bedtime, but today she admitted not filling the prescription. She has, however, now agreed to further mental health assistance.

In her background, she was seen here four times between December 2013 and September 2014 for a variety of minor illnesses, and blood tests in that time were largely normal. Most recently (22 November 2014), she was prescribed oral and topical acyclovir to treat orofacial HSV-1, but there is nothing else of note.

Please do not hesitate to contact me if you have any further queries.

Kind regards,

Doctor.

Body 190 words

Time 5 + 33 minutes