

Online Nursing Writing – Peptic ulcer disease

SAMPLE ANSWER 2 (GE Lab)

Head Nurse
Gastroenterology Laboratory

26 July, 2019

Dear Sir/Madam,

Re: Martin Pine, 34 years old

We are referring this patient for GI endoscopy/colonoscopy to either confirm or rule out peptic ulcer.

Mr. Pine has a two year history of weight loss (8 kg) and is currently underweight (BMI 18.4; normal 18.5 to 24.9). For the last year he has been having “indigestion” before and after meals which sometimes affects his sleep. He also has occasional dizzy spells and nausea, but no other GI symptoms, and no cardiac or respiratory issues.

His lab results this week confirm anemia (Hb 9.8 – microcytic) and a positive fecal occult blood which we suspect is caused by gastritis or a gastric ulcer. Seven years ago, he also had symptoms of gastritis but endoscopy at that time was inconclusive and he settled on omeprazole. Please note that during that endoscopy sedation, he developed mild hypotension but it resolved completely with only IV fluids.

Mr. Pine only drinks alcohol and smokes socially, but he has been advised to stop both these completely, and has been prescribed Omeprazole 40 mg o.d. empirically.

Should you have any further questions, please to contact me.

Regards,
Community Case Nurse

177 words