

Writing Sub-test (Medicine)

Time allowed: 45 minutes

Reading time: 5 minutes

Writing time: 40 minutes

Case Notes:

Today's Date: 13 June 2018

Patient details

Female

Ms Jemima Langley

68 Arundel Rd

Banksia NSW 2216

DOB 16/11/1958

Social background

Aged 55

Married - 3 children (aged 17, 19 and 23)

Health Inspector

Medical history

1976 - 78: heavy, painful periods (aged 14 to 16)

1979: Oral Contraceptive Pill (to control menorrhagia and dysmenorrhoea)

2016: Carpal Tunnel decompression

2017: Uterine prolapse post onset of menopause - treated with vaginal pessary. Referral to physiotherapist for instruction on pelvic floor exercises. Prescribed HRT patch (Climara 25 mcg) for menopause symptoms (hot flushes and vaginal dryness)

June 2018: Urinary incontinence and worsening of uterine prolapse. Effect of recent weight gain on condition discussed with patient. Patient admitted not following pelvic floor exercises as directed by physio. Also stated not tolerating the vaginal pessary.

13 June 2018

Subjective

Second degree prolapse: cervix visualised inside the vaginal opening

Objective

Temp 36.90

BP 126/75

Pulse 72

RR 16

Oxygen sats 99%

Weight: 85 kg (10 kg weight gain in past 6 months)

Medication

Climara 25 mcg transdermal patch

Multivitamin daily

Impression

Second degree uterine prolapse

Stress incontinence secondary to uterine prolapse

Management

Referral to gynaecologist for further management - laparoscopic or vaginal hysterectomy. Weight loss management - advise weight loss programme. Re-educate about daily pelvic floor exercises.

WRITING TASK

Using the information in the case notes, write a letter of referral to Dr McCauley- Browne.
Address the letter to: Dr McCauley-Browne, Women's Health Clinic, 11 Scarborough St, Westport, NSW, 2344

In your answer:

- Expand the relevant case notes into complete sentences
- Do not use note form
- Use letter form

The body of the letter should be approximately 180 - 200 words.

OET MEDICINE - SAMPLE Answer A (JLangley)

EXERCISE:

1. Why is the language in light red and dark red incorrect?
2. Correct them.

Dr. McCauley-Browne
Women's Health Clinic
11 Scarborough St
Westport
NSW 2234

13. June, 2018

Dear Dr. McCauley-Browne,

Re: Jemima Langley, 55 years old

I am writing to refer Mrs. Jemima Langley who has three children **who has** second degree uterine prolapse.

Mrs. Langley **had** menopause and uterine prolapse in 2017. She **referred** to physiotherapy for instruction on pelvic floor exercises. She **prescribed** with vaginal pessaries and HRT patch (Climara 25 mcg) as she **has had** vaginal dryness and hot flushes.

In June 2018, **patient has worsening** her uterine prolapse and **got** urinary incontinence. She is not following the pelvic floor exercises and not tolerating the vaginal pessary. **On examination** currently, she **gained** 10 pounds in the last six months and her cervix is visible in the vaginal opening. She still **use** Climara transdermal 25 mcg daily and multivitamins.

Based **on above**, she **diagnosed** with second degree uterine prolapse and stress incontinence. I would recommend laparoscopic or vaginal hysterectomy. **Please order** weight loss management and re-educate her about daily pelvic exercises every day.

Should you have any questions, do not hesitate to contact me.

Yours sincerely,

HCP

160 words

OET MEDICINE - SAMPLE Answer B (JLangley)

EXERCISE: Read the case notes. Look at the content of this letter. What is your opinion of

- a) the information points included?
- b) how information is arranged?
- c) sentence structure? Find examples where the language could have been more concise or better summarised!

Dr. McCauley-Browne
Women's Health Clinic
11 Scarborough St
Westport
NSW 2344

13. June, 2018

Dear Dr. McCauley-Browne,

Re: Jemima Langley, 55 years old

I am writing to refer Mrs. Langley who has been diagnosed with second degree uterine prolapse and urinary stress incontinence. She requires your further management.

Mrs. Langley is a health inspector. She is married and has three grown children who are 17, 19 and 23. She developed a uterine prolapse after the start of her menopause in 2017. She was treated with vaginal pessaries and was prescribed the HRT patch (Climara) for vaginal dryness and hot flushes. She was referred to the physiotherapist for advice about pelvic floor exercises.

She was seen again in June this year for worsening uterine prolapse and urinary incontinence. She has gained weight and this was discussed with her. Mrs. Langley admitted to not doing her pelvic floor exercises and she is not tolerating the vaginal pessary. On examination, she has a second degree prolapse because her cervix is visualized on the vaginal opening. Her vitals are all normal and her weight is 85kg as she has gained 10 kg in the last six months. She still takes Climara transdermal 25 mcg daily and multivitamins.

Based on the above, Mrs. Langley has second degree uterine prolapse and stress incontinence. I would highly appreciate if you would manage her further with either laparoscopic or vaginal hysterectomy, weight loss management, and re-educate about pelvic floor exercises.

Please contact me should require further information.

Yours sincerely,

HCP

OET MEDICINE - SAMPLE Answer C (JLangley)

EXERCISE: Look at the OET Writing Criteria. Does the letter below meet the criteria? If so, why? If not, Why not?

Subtest	OET Marking Criteria	Definition of criterion	Marks
Writing	Purpose	Is the purpose of your letter expanded and immediately clear to your reader in the first paragraph?	/ 3
	Content	Is all the important information (for the reader) included? Is the information you included accurate?	/ 7
	Conciseness & Clarity	Did you leave out all irrelevant information? (Yes!) Is the relevant information you did include concisely stated?	/ 7
	Genre & Style	Is the letter formatted as a professional letter? Do you use polite/professional tone? Do you use the correct level of technical language for your intended reader? Does your letter remain non-judgmental and factual /clinical? Are any abbreviations you use only those your reader would be expected to know?	/ 7
	Organisation & layout	Is information in your letter prioritised? Did you group related information together logically? Do you use paragraphs adequately? Does information/topics flow logically and smoothly from one paragraph to the next? Can your reader get a quick and relevant picture of the patient? Can your reader quickly find specific information (thanks to your layout)?	/ 7
	Language	Is your writing and language easy to understand –do your sentences promote readability? Does your language cause strain, confusion or misunderstanding? (No!) Are your vocabulary, grammar, punctuation and spelling appropriate?	/ 7

Dr. McCauley-Browne
 Women's Health Clinic
 11 Scarborough St
 Westport
 NSW 2344

13. Jun, 2018

Dear Dr. McCauley-Browne

Re: Jemima Langley, 55 years old

Thank you for reviewing and further managing Mrs. Langley who is menopausal with second degree uterine prolapse and associated urinary stress incontinence.

Mrs. Langley has three grown children (17, 19 and 23, respectively). She initially developed a uterine prolapse after onset of her menopause in 2017. At the time, she was treated with vaginal pessaries and the HRT patch (Climara) for vaginal dryness and hot flushes, and she was referred to the physiotherapist for guidance on pelvic floor exercises.

She was seen again this month for worsening uterine prolapse and urinary incontinence. Mrs. Langley admitted not doing the pelvic floor exercises and not tolerating the vaginal pessary. She still uses Climara transdermal 25 mcg daily and takes multivitamins. However, she has also gained 10kg in the last six months (current weight 85 kg) and the impact of this on her prolapse has been discussed with her. On examination currently, her cervix is visible in the vaginal opening.

Mrs. Langley could be considered a candidate for laparoscopic or vaginal hysterectomy. Weight loss management is also recommended along with re-enforcement of the benefits of daily pelvic floor exercises.

Please contact me should require further information.

Yours sincerely,
HCP

34 minutes; 192 words